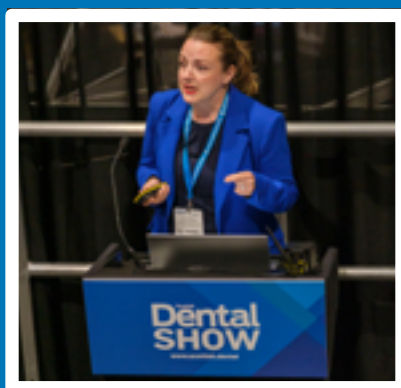


<sup>Scottish</sup>  
**Dental**  
**SHOW 2025**

# CPD Education Programme 2025

20-21 June 2025, Braehead Arena



[www.scottish.dental](http://www.scottish.dental)

# The Scottish Dental Show 2025

Two days of professional development, the latest in tech and services and catching up with colleagues.

The Scottish Dental Show is held at Braehead Arena on [Friday 20](#) and [Saturday 21](#) June. The education programme, which has all the GDC's recommended and highly recommended topics, provides delegates with the opportunity to earn up to 10 hours of continuing professional development (CPD).

It also features lectures and workshops on clinical expertise, dental education, wellbeing and sustainability – plus, the business and finances of dentistry. The event is attended by more than 2,000 delegates who can gain CPD hours, network with colleagues and meet representatives from more than [120 dental supply and advisory companies](#).

With thanks to our Scottish Dental Show platinum sponsor NSK, our gold sponsors Barclays Bank PLC and Wrights – the Dental Supply Company, silver sponsors A-dec, Real Good Dental, Kalyani Dental Lounge and bronze sponsor Scrubs UK.



Will Peakin,  
Editor, Scottish Dental

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SCOTTISH DENTAL SHOW SPONSORS



# Continuing Professional Development

CPD at the Scottish Dental Show 2025 is approved by NHS Education for Scotland, and we have up to 10 hours available!

Participants will be awarded a certificate for each session attended. Delegates must be scanned out of each lecture or workshop in order to claim CPD. There will be no admittance to a lecture or workshop five minutes after its scheduled start time. No attendee will be scanned out if they leave before the speaker has concluded their talk.

Event staff cannot scan or add you to a session after you have left the lecture theatre or workshop area including if you leave for refreshments or comfort breaks. If all possible lectures are attended, then a maximum of up to 10 hours\* of CPD is possible.

Your certificates will be sent to the email address you registered with, up to one month after the show concludes on 21 June 2025, with a feedback questionnaire and GP214 CPDA Claim Form download link. **Certificates must be downloaded within two months of receipt of the certificate email and should be filed in a safe place for your records.**

We recommend adding **scottish-dental-2025@livebuzzmail.com** to your email address book to make sure your certificates are delivered to your inbox.

## NOTE:

The certificate portal will close on **22 August 2025**, after this date we will not be able to issue certificates or replacements.

\*10 hours of CPD is achievable by attending consecutive lectures or workshops across both days of the event, attendance is registered electronically and subject to terms and conditions.

### SCOTTISH DENTAL SHOW SPONSORS



# Friday 20 June

## Lectures

**09:00-10:00 SPEAKER ROOM 1**

# Infection Prevention and Control

Laura Wilson, NHS Education for Scotland

The aim of this session is to direct participants towards the latest guidance on infection control and decontamination, to enable them to apply current guidance in the practice setting.

## Objectives

By the end of this session, participants will have been:

- 1) Updated on the current guidance.
- 2) Guided on applying the current guidance in a practice setting.
- 3) Directed towards the latest guidance on infection control and decontamination.

## Learning outcomes

By the end of this session, participants should be able to:

- 1) Identify reasons why infection control is important in dental practice.
- 2) Discuss the difficulties in the application of standard infection control precautions and identify methods to address these.
- 3) Explain the recent changes in decontamination and infection control.

Development outcomes: B, C, D.

10:30-11:30 SPEAKER ROOM 2

# Safeguarding and child protection for dental teams

Dr Christine Park, University of Glasgow

The aim of this session is to introduce participants to child safeguarding in dentistry so they are aware of their roles and responsibilities and know what to do should they have concerns about the welfare of children. The session is designed for all members of the dental team, whether working in NHS or private practice.

## Objectives

By the end of this session, participants will have been:

- 1) Introduced to their roles and responsibilities with regard to the safeguarding of children.
- 2) Provided with examples of the signs and symptoms of child abuse and neglect.
- 3) Introduced to the evidence regarding the oral health of vulnerable children.
- 4) Provided with an explanation and examples of what to do when you have concerns about the welfare of a paediatric patient.

## Learning outcomes

By the end of this session, participants should be able to:

- 1) Recognise signs of abuse and neglect.
- 2) Understand the GDC requirements regarding safeguarding.
- 3) Describe appropriate referral pathways for further advice.

Development outcomes: A, D.

10:30-11:30 SPEAKER ROOM 3

# Ceramic Veneers: succeed or fail?

Professor Paul Tipton, Tipton Training

The aim of this session is to explore key factors influencing the long-term success or failure of ceramic veneers. It will cover critical aspects such as tooth anatomy, preparation, design, lab techniques, cementation and occlusion.

## Objectives

By the end of this session, participants will have been:

- 1) Provided with a comprehensive understanding of the factors that influence the success and durability of ceramic veneers, enabling them to apply this knowledge in clinical practice.

## Learning outcomes

By the end of this session, participants should be able to:

- 1) Identify the factors that contribute to the success of ceramic veneers.
- 2) Understand how the following elements impact veneer longevity: tooth anatomy, preparation, design, laboratory techniques, cementation and occlusion.
- 3) Evaluate clinical case selection – assess patient-specific factors, including enamel quality, occlusal considerations, and aesthetic expectations, to determine suitable candidates for ceramic veneers.
- 4) Apply proper bonding and cementation techniques – demonstrate knowledge of adhesive protocols, cement selection, and isolation methods to optimise veneer retention and durability.
- 5) Recognise and manage potential complications – identify common causes of veneer failure and develop strategies for prevention, troubleshooting and long-term maintenance.

Development outcomes C.

11:15-12:15 SPEAKER ROOM 1

# Multidisciplinary management of the anterior dentition

Dr Flavio Pisani, Dr Tomasz Janicki, Dr Shalini Kanagasingam and Professor Kathryn Taylor, University of Central Lancashire

Is aesthetics the ultimate goal? The aim of this session is to educate on the restorative management of the anterior dentition which is always led by the aesthetic concerns and requests from patients. However, in the light of saving teeth as much as we can, the functional needs and duties should be guiding and inspiring our treatment planning. A reasonable compromise, sometimes, can give patients more options in terms of keeping their teeth for longer.

## Objectives

By the end of this session, participants will have been:

- 1) Guided on how to assess restorability and the periodontal needs for a good restoration.
- 2) Informed about different restorative and periodontal surgical techniques to achieve functional and aesthetically acceptable good results.

## Learning outcomes

By the end of this session, participants should be able to:

- 1) Understand the resto needs of the anterior area of dentition.
- 2) Understand the mutual relationship between soft and hard tissues.
- 3) Plan accordingly the restorability and the aesthetic needs.
- 4) Understand and plan where to remove in terms of hard and soft tissue components.
- 5) Understand and plan where to add in terms of soft and hard tissue components.

Development outcomes A, C, D.



11:15-12:15 SPEAKER ROOM 4

# AI in Preventative Dentistry

Dr Ben Atkins, GDP and immediate past president of the Oral Health Foundation

The aim of this session is to introduce the audience to the latest developments in preventive dental health using artificial intelligence for better and quicker diagnosis.

## Objectives

By the end of this session, participants will have been:

- 1) Briefed on the breakthroughs in dental imaging using artificial intelligence.
- 2) Informed on what is available and how to improve their own diagnosis.

## Learning outcomes

By the end of this session, participants should be able to:

- 1) Understand that there are always better ways of doing something.
- 2) Appreciate that experience doesn't always mean it's the correct way to do something.
- 3) See the potential of using artificial intelligence in preventative dentistry.

Development outcomes: A, B, C, D.

12:45-13:45 SPEAKER ROOM 2

# Dental Radiology: radiation protection update

Andrew Hince, NHS Highland

The aim of this session is to give practical tips on having an effective radiation protection system. It will include an update on the legislation and methods to improve radiographic image quality and reducing dose.

## Objectives

By the end of this session, participants will have been:

- 1) Provided with a refresher on key radiation protection requirements for dental radiology covering staff, public and patient safety.
- 2) Provided with an update on recent changes in The Ionising Radiation (Medical Exposure) Regulations IR(ME)R legislation and published guidance.
- 3) Provided with examples of practical compliance and good practice.
- 4) Provided with optimisation tips for ensuring adequate radiographic image quality at the lowest radiation dose to patients.
- 5) Introduced to hot topics including risk, benefit, audit, incidents, radon awareness and recent developments in radiology, such as Artificial Intelligence.

## Learning outcomes

By the end of this session, participants should be able to:

- 1) Be aware of radiation legislation requirements, including recent changes.
- 2) Have improved knowledge of good radiation protection practice and an understanding on how to comply with the legislation.
- 3) Be aware of doses and risks from different types of exposure and know how to explain these.
- 4) Be able to discuss practical ways to optimise radiographic images.

Development outcomes: A, C.

12:45-13:45 SPEAKER ROOM 3

# What if you could achieve more?

Dr Barry Oulton, The Confident Dentist Academy

The aim of this session is to explore ways of shifting the focus from selling dentistry to helping patients achieve their desired outcome.

## Objectives

By the end of this session, participants will have been:

- 1) Introduced to language patterns that build trust and encourage informed decisions.
- 2) Guided on how to frame treatment recommendations in a way that resonates with patients.
- 3) Provided with strategies to handle concerns about cost, fear and urgency.
- 4) Outlined a simple process to boost case acceptance.

## Learning outcomes

By the end of this session, participants should be able to:

- 1) Understand the emotional drivers behind patient decisions.
- 2) Recognise the core emotional needs that influence treatment acceptance.
- 3) Use rapport-building techniques to create stronger patient relationships.
- 4) Understand the psychology of decision-making and how to ethically guide patients to acceptance.

Development outcomes: A, B, C, D.

13:30-14:30 SPEAKER ROOM 1

# Medical emergencies and medical history taking

Professor Mark Greenwood, University of Manchester.

The aim of this session is to provide an overview of the identification and initial management of medical emergencies and relevant aspects of history taking.

## Objectives

By the end of this session, participants will have been:

- 1) Informed of the various ways of identifying the patient at risk of developing a medical emergency in a primary care setting.
- 2) Guided on the initial management of medical emergencies.
- 3) Informed of the importance of risk assessment in patients with medical problems.

## Learning outcomes

By the end of this session, participants should be able to:

- 1) Recognise patients at risk of a medical emergency.
- 2) Understand and identify what constitutes a 'high risk' patient from targeted history taking.
- 3) Understand the principles of initial medical emergency management.

Development outcomes: A, B, C.

13:30-14:30 SPEAKER ROOM 4

# Improving your X-rays: six easy steps

James Elliot, Clark Dental

The aim of this session is to show we can all improve our X-rays (2D and 3D) in practice.

## Objectives

By the end of this session, participants will have been:

- 1) Shown what a good X-ray is.
- 2) Guided to ensure that they always strive to improve.
- 3) Guided to follow the essential steps of a good X-ray.

## Learning outcomes

By the end of this session, participants should be able to:

- 1) Avoid making the most common mistakes.
- 2) Produce better X-rays.
- 3) Pass on the simple ways to improve to their colleagues.

Development outcomes: A, B, C, D.

14:45-15:45 SPEAKER ROOM 2

# Added Value of Pterygoid Implant Approach and Immediate Loading

Dr Henri Diederich, Cortically Fixed Academy

The aim of this session lecture is designed to provide dental professionals with in-depth knowledge and hands-on insights into Pterygoid implants and immediate loading protocols for patients with severe bone atrophy.

## Objectives

By the end of this session, participants will have been:

- 1) Introduced to the anatomical considerations of the Pterygoid region.
- 2) Shown comparisons of traditional and tissue level implant placement techniques (eliminating the need for sinus lifts and bone grafts).
- 3) Provided with a review of real-world clinical cases.
- 4) Guided on how to manage complications and ensure long-term implant stability.

## Learning outcomes

By the end of this session, participants should be able to:

- 1) Understand the role of Pterygoid implants, recognising indications and contraindications.
- 2) Compare Pterygoid implants with conventional implant techniques in atrophic maxilla cases.
- 4) Avoid bone grafting and sinus lifts while achieving stable implant fixation.
- 5) Reduce surgical time and patient recovery times.

Development outcomes: C, D.

14:45-15:45 SPEAKER ROOM 1

# Sowing the Seeds for Growth

Ashley Latter, Ashley Latter Dental Sales Training

Discover the secret strategies that the most successful dental practices implement. The aim of this session is to provide delegates with proven strategies that can be implemented, and which will help grow sales and the profits within your dental practice.

## Objectives

By the end of this session, participants will have been:

- 1) Provided with interaction and motivation.
- 2) Introduced to proven relevant strategies.
- 3) Guided on how to grow sales and profits.

## Learning Outcomes

At the end of this session, participants should be able to:

- 1) Significantly increase the cosmetic treatments they deliver to their existing patients.
- 2) Increase their fees and increase their profits by as much as 28%.
- 3) Understand the importance of keeping in touch with patients.
- 4) Turn your reception into a highly profitable centre.
- 5) Stand out from any other dental practice in their town or city.
- 6) Create a world class patient journey.

Development outcomes: A, B.

**15:00-16:00 SPEAKER ROOM 1**

# **Saving the Sixes: the judgement calls**

Professor Marie Therese Hosey, King's College Dental Institute

To give an update on modern approaches to cariology with particular emphasis on managing compromised first permanent molars in children.

## **Objectives**

By the end of this session, participants will have been:

- 1) Shown the ICDAS cariology classification system and care planning.
- 2) Introduced to managing molar incisor hypoplastic/hypomineralised enamel defects in children's first permanent molars,
- 3) Introduced to the current orthodontic management guidelines for FPMs and the challenge of determining the long-term prognosis.

## **Learning outcomes**

By the end of this session, participants will have gained knowledge of:

- 1) New facts about FPMs.
- 2) New approaches to caries in children.

Development outcomes: A, B, C.



15:00-16:00 SPEAKER ROOM 4

# Financial Hot Topics in Dentistry

Morna Beattie, Carly Millan Page, Wesleyan Financial Services

The aim of this session is to provide an overview of the key financial challenges and opportunities currently facing dental professionals, helping you navigate complex financial decisions with confidence.

## Objectives

By the end of this session, participants will have been:

- 1) Provided with insights into the latest changes and opportunities for tax-efficient savings and how they impact dental practices and self-employed dentists.
- 2) Informed about changes in NHS and private practice funding models and how to adapt your personal financial strategy accordingly.
- 3) Updated on pension planning options, including the McCloud remedy and its implications for NHS pensions.
- 4) Guided on how to effectively manage cashflow and secure funding for practice expansion or investment in new technology.

## Learning outcomes

By the end of this session, participants should be able to:

- 1) Understand how changes in tax legislation and funding models could impact their financial health.
- 2) Develop a strategic approach to managing rising costs and improving profitability.
- 3) Evaluate different pension planning options and understand their long-term financial impact.
- 4) Understand cashflow management techniques to ensure financial stability and growth.

Development outcomes: B.

16:30-17:30 SPEAKER ROOM 1

# Safeguarding vulnerable adults

Nick Beacher, University of Glasgow

The aim of this session is to update participants' knowledge on working with vulnerable adults and adults who lack the capacity to consent in relation to health, social and personal care needs.

## Objectives

By the end of this session, participants will have been:

- 1) Introduced to the definition of an 'adult at risk' and 'harm'.
- 2) Provided with a recent historical perspective of safeguarding vulnerable adults.
- 3) Introduced to key legislation in Scotland to protect vulnerable adults.
- 4) Described the practical role of the dental team in the safeguarding of vulnerable adults.

## Learning outcomes

By the end of this session, participants should be able to:

- 1) Define the terms 'adult at risk' and 'harm'.
- 2) Conduct their professional duty in relation to vulnerable adults.
- 3) Understand the relevant legislation and rights of adults at risk, and the special circumstances which might impact upon these rights.
- 4) Demonstrate that social inequalities and discrimination may heighten the risk of harm.

Development outcomes: A, C, D.

16:30-17:30 SPEAKER ROOM 4

# Increase Treatment Acceptance Easily

Dr Barry Oulton, The Confident Dentist Academy.

Patients don't buy dentistry; they buy emotional outcomes. The aim of this session is to explore ways of shifting the focus from selling dentistry to helping patients achieve their desired outcome.

## Objectives

By the end of this session, participants will have been:

- 1) Introduced to language patterns that build trust and encourage informed decisions.
- 2) Guided on how to frame treatment recommendations in a way that resonates with patients.
- 3) Provided with strategies to handle concerns about cost, fear and urgency.
- 4) Outlined a simple process to boost case acceptance.

## Learning outcomes

By the end of this session, participants should be able to:

- 1) Understand the emotional drivers behind patient decisions.
- 2) Recognise the core emotional needs that influence treatment acceptance.
- 3) Use rapport-building techniques to create stronger patient relationships.
- 4) Understand the psychology of decision-making and how to ethically guide patients to acceptance.

Development outcomes: A, B, C, D.



# Friday 20 June

## Workshops

**09:00-10:00 ATRIUM 1**

# If you can't connect the issues, think connective tissues

Dr Audrey Kershaw, Oral Surgery Scotland.

The aim of this session is to introduce participants to hereditary connective tissue issues (HCTD), explain the main signs and symptoms, show how the dental team can pick these cases up and explain the relevance to dentistry.

## Objectives

By the end of this session, participants will have been able to

- 1) Meet HCTD/Ehlers-Danlos Syndrome (EDS) patients that were discovered in a dental setting.
- 2) Had a chance to discuss signs and symptoms of HCTD/EDS.
- 3) Been made aware of how much more common HCTD/EDS is.

## Learning outcomes

By the end of this session, participants should be able to:

- 1) Have a greater understanding of HCTD/EDS.
- 2) Begin to recognise patterns suggestive of HCTD/EDS.
- 3) Know how to modify treatment.
- 4) Know how to modify a clinic for staff members with HCTD/EDS.

Development outcomes: A, B, C, D.

**09:00-10:00 ATRIUM 2**

# Dental implants for the General Dental Practitioner

Dr Philip Friel, Scottish Dental Care.

The aim of this session is to introduce the restorative options available with dental implant treatments. In addition to this, to focus both in theory and practically on the techniques used in restoring and maintaining single, straightforward dental implants in general practice.

## Objectives

By the end of this session, participants will have been:

- 1) Introduced to the restorative options with dental implants.
- 2) Introduced to the restorative stages with dental implants.
- 3) Made aware of both analogue and digital impression practical workflows.
- 4) Made aware requirements for maintaining health and stability around dental implant restorations.

## Learning outcomes

By the end of this session, participants should be able to:

- 1) Identify options for replacing missing teeth with dental implants.
- 2) Understand the steps required for restoring a dental implant.
- 3) Be aware of the steps required to restore a dental implant using both analogue and digital workflows.
- 4) Be confident in maintaining dental implant restorations.

Development outcomes: A, C.

09:00-10:00 ATRIUM 3

# Two Appointment Dentures

Jordan Gilmour, Our Crown Dental.

The aim of this session is to provide a clear understanding of the benefits of two appointment dentures.

## Objectives

By the end of this session, participants will have been:

- 1) Introduced to OurCrown's two appointment denture process.
- 2) Demonstrated the process of scan to install.
- 3) Guided on how they can best introduce this into their practice.

## Learning outcomes

By the end of this session, participants should be able to:

- 1) Understand the benefits of two appointment dentures.
- 2) Understand when and how to prescribe two appointment dentures.
- 3) Appreciate how digital technology is becoming a must for dentists.

Development outcomes: C, D.

**VARIOUS TIMES, NSK WORKSHOP AREA (C07)**



# Piezo tip selection, air-polishing and powders

Lauren Long, Siobhan Kelleher

The aim of this session is to broaden the dental health professional's understanding of the practical use of debridement equipment.

## Objectives

By the end of this session, participants will have been:

- 1) Shown the differences between magnetostrictive and piezoelectric ultrasonic scalers.
- 2) Provided with a demonstration of effective piezo tip techniques.
- 3) Made aware of the available air polishing powders and their uses.
- 4) Introduced to the techniques, recommendations, precautions and contraindications for air polishing.

## Learning outcomes

By the end of this session, participants should be able to:

- 1) Be able to demonstrate effective piezo tip techniques.
- 2) Have gained awareness of the efficiency of air-polishing systems.
- 3) Delegates will be familiar with the evidence around air-polishing.
- 4) Delegates will be familiar with different air polishing powders.

Development outcome: C.

## Session times

This NSK Ikigai workshop is available at the following times:

10:00-10:50, 12:00-12:50 and 14:00-14:50.

Please note: this session is extremely limited capacity. Visit the NSK Ikigai team on stand C07, or D09 to find out about availability.



**VARIOUS TIMES, NSK WORKSHOP AREA (C07)**



# Introduction to Implant Instrumentation

Jenny Walker, Lauren Long, Siobhan Kelleher

To enhance the knowledge of the different modes of instrumentation available when treating patients with dental implants.

## Objectives

By the end of this session, participants will have been:

- 1) Shown how to recognise the significance of peri-implant classification.
- 2) Outlined the different modes of instrumentation when treating dental implants.
- 3) Highlighted the current guidelines regarding implant instrumentation.

## Learning outcomes

By the end of this session, participants should be able to:

- 1) Recognise peri-implant health and identify disease.
- 2) Define the criteria involved in instrument selection when treating patients with dental implants.
- 3) Utilise the most up-to-date guidelines for instrument selection.

Development outcome: C.

## Session times

This NSK Ikigai workshop is available at the following times:

11:00-11:50, 13:00-13:50 and 15:00-15:50.

Please note: this session is extremely limited capacity. Visit the NSK Ikigai team on stand C07, or D09 to find out about availability.

**10:30-11:30 ATRIUM 1**

# Building a better treatment plan

Dr Arshad Ali, Scottish Centre for Excellence in Dentistry

The aim of this session is to introduce participants to an approach for effective treatment planning and involve them in a discussion of treatment planning using a variety of cases.

## Objectives

By the end of this session, participants will have been:

- 1) Introduced to an approach for effective treatment planning that will increase the knowledge and understanding of practitioners.
- 2) Involved in treatment planning discussions with a variety of cases.
- 3) Shown how to develop treatment plans that prioritise patient preferences, needs and overall health, ensuring a personalised approach to dental care.
- 4) Shown the importance of working collaboratively with other healthcare professionals in treatment planning, ensuring all aspects of patient care are considered.
- 5) Guided on strategies for creating flexible treatment plans that can be adjusted according to changes in a patient's condition or response to treatment.

## Learning outcomes

By the end of this session, participants should be able to:

- 1) Discuss an approach to effective treatment planning.
- 2) Provide the team with a better understanding.
- 3) Diagnose and plan dental care for patients.
- 4) Relate to similar cases in practice.
- 5) Demonstrate the ability to adjust treatment plans based on patient progress, ensuring flexibility in the delivery of care.

Development outcomes: A, C.

**10:30-11:30 ATRIUM 2**

# Improving Mouth Cancer Management

Joycee Rebelo, Orthodontic National Group Committee

The session aims to enhance attendees' understanding of the orthodontic therapist's role in mouth cancer detection. It will offer practical insights on identifying signs and symptoms, integrating early detection strategies into clinical practice and emphasising effective communication and multidisciplinary collaboration. It will also cover the significance of timely referrals and collaborative efforts to enhance patient care, drawing on recent research and best practices.

## Objectives

By the end of this session, participants will have been introduced to:

- 1) The role of orthodontic therapists in early mouth cancer detection.
- 2) The risk factors for mouth cancer.
- 3) Incorporating detection strategies into routine orthodontic practice.
- 4) Effective communication techniques for discussing mouth cancer risks with patients.
- 5) Collaboration with the broader healthcare team to ensure timely referrals and proper care.

## Learning outcomes

By the end of this session, participants should be able to understand:

- 1) The role of orthodontic therapists in early mouth cancer detection.
- 2) Risk factors for mouth cancer.
- 3) The incorporation of detection strategies into routine orthodontic practice.
- 4) Effective communication techniques for discussing mouth cancer risks with patients.
- 5) Collaboration with the broader healthcare team to ensure timely referrals and proper care.

Development outcomes: A, B, C, D.

**10:30-11:30 ATRIUM 3**

# Implants: want to earn more? Then refer and restore – hands on!

Dr Michael Tang, Kalyani Dental Lounge

The aim of this session is to enable participants to understand the benefits of restoring implants for their own patients and learn some practical skills so they can apply this knowledge in their own clinics. This is beneficial to their patients and is also financially rewarding.

## Objectives

By the end of this session, participants will have been:

- 1) Introduced to the referral portal.
- 2) Introduced principles of how to take impressions of an implant using models.
- 3) Provided with hands-on experience of taking implant impressions on models.

## Learning outcomes

By the end of this session, participants should be able to:

- 1) Use the referral portal efficiently.
- 2) Understand the benefits of referring your patients for surgery but restoring the implant at their own clinic.
- 3) Appreciate the advantages of referring patients to the Kalyani Dental Lounge.
- 4) Understand the financial benefits of the Refer and Restore Programme.

Development outcomes: C.

**12:00-13:00 ATRIUM 1**

# The Wealth Check-Up

Kenny McKay, Succession Wealth

The aim of this session is to equip dental practitioners with clear financial strategies that go beyond theory. Attendees will leave with clear steps to grow, protect and optimise their financial wellbeing and manage the unique challenges that dentists face.

## Objectives

By the end of this session, participants will have been:

- 1) Outlined the key financial challenges facing dentists. Able to identify the biggest financial risks and opportunities, including tax changes, rising costs, and retirement planning.
- 2) Supported in how to build and protect wealth efficiently. Discover tax-efficient investment strategies, pension planning options, and ways to maximise financial growth.
- 3) Guided on how to navigate business ownership, exit, and succession planning. Gaining insights into selling or transitioning a dental practice while minimising tax liabilities and maximising value.
- 4) Guided on how to ensure financial stability amid rising costs and economic uncertainty. Learning how to safeguard personal wealth against inflation, rising interest rates, and changes in taxation, ensuring long-term financial security for dentists and their families.
- 5) Equipped with actionable steps to improve financial security. Providing dentists with clear, practical takeaways they can implement immediately to strengthen their financial future.

## Learning outcomes

By the end of this session, participants should be able to:

- 1) Implement tax efficient wealth strategies.
- 2) Make informed investment and pension decisions.
- 3) Plan for financial security beyond dentistry.
- 4) Take immediate action to improve financial wellbeing.

Development outcomes: B, D.

**12:00-13:00 ATRIUM 2**

# Clinical Photography Training

Andrew McAllister and Kirstie Walker, NHS Greater Glasgow and Clyde

The aim of this session is to provide training on using camera equipment to obtain good quality images for oral and maxillofacial patients and the processes involved.

## Objectives

By the end of this session, participants will have been:

- 1) Introduced to the legal and ethical considerations for clinical photography with patients.
- 2) Provided with an outline the process for obtaining consent for clinical photography.
- 3) Demonstrated the set up and use of clinical camera equipment.
- 4) Shown how to capture good quality images of the head and neck using appropriate equipment (mirrors, retractors).
- 5) Provided with identification of issues from clinical photography and shown how to carry out remedial actions.

## Learning outcomes

By the end of this session, participants should be able to:

- 1) Select the appropriate equipment for use in dental photography.
- 2) Understand the importance of patient consent before capture.
- 3) Produce quality images for diagnostic and teaching purposes.
- 4) Share new knowledge and skills with colleagues to support better photography of their patients.

Development outcomes: A, C.

**12:00-13:00 ATRIUM 3**

# Realistic Dentistry: are we choosing wisely?

Dr Heather Cassie, University of Dundee Dental School

The aim of this session is to introduce participants to Realistic Dentistry, with a particular focus on shared decision-making in primary care. This session is designed for all members of the dental team. There will be an opportunity to participate in a world café-style discussion focused on the pillars of Realistic Dentistry.

## Objectives

By the end of this session, participants will have:

- 1) A broad understanding of Realistic Dentistry.
- 2) An understanding of how Realistic Dentistry can be implemented in practice to deliver evidence-based care.
- 3) Considered how decisions are made about implementing Realistic Dentistry in practice.

## Learning outcomes

By the end of this session, participants should be able to:

- 1) Identify the pillars of Realistic Dentistry.
- 2) Consider how Realistic Dentistry is delivered in their practice.
- 3) Identify the barriers and enablers to implementing Realistic Dentistry in practice.
- 4) Explore decision-making processes around implementing Realistic Dentistry in primary care.

Development outcomes: C, D.

**13:30-14:30 ATRIUM 1**

# Complaint Management: how to get it right!

Aubrey Craig, MDDUS

The aim of this session is to provide delegates with knowledge on how to manage complaints successfully at a local level.

## Objectives

By the end of this session, participants will have been provided:

- 1) Information on how to manage a complaint.
- 2) Examples of patient complaints and draft replies.
- 3) Information on how to prevent complaints.
- 4) Examples of what may happen if local resolution unsuccessful.

## Learning outcomes

By the end of this session, participants should be able to:

- 1) Understand the complaint management process.
- 2) Be familiar with the content of an ideal complaint response.
- 3) Have knowledge of how to prevent complaints.
- 4) Be aware of next steps if local resolution is unsuccessful.

Development outcomes: A, B, D.



13:30-14:30 ATRIUM 2

# Beyond the Smile: trauma-informed dentistry

Dr Leanne Branton, Diamond Smiles Foundation

The aim of this session is to highlight the importance of trauma-informed dentistry when treating vulnerable adults, particularly survivors of domestic abuse. Drawing from the first six months of the Diamond Smiles Foundation, it will explore the psychological and clinical considerations involved in providing compassionate, patient-centred care. Attendees will gain insight into the challenges faced by trauma survivors, the role of dentistry in their recovery, and practical strategies for creating a safe, supportive environment that fosters trust and healing.

## Objectives

By the end of this session, participants will:

- 1) Understand the principles of trauma-informed dentistry and its impact on vulnerable patients.
- 2) Recognise the psychological and emotional challenges faced by survivors of trauma in a dental setting.
- 3) Be able to implement communication strategies to build trust and create a safe, supportive clinical environment.
- 4) Be able to adapt treatment planning and clinical approaches to meet the needs of vulnerable adults effectively.
- 5) Gain insight from real case studies on how dentistry can play a transformative role in a patient's recovery and confidence.

## Learning outcomes

By the end of this session, participants should be able to:

- 1) Explain the core principles of trauma-informed dentistry and its significance in patient care.
- 2) Identify key signs of dental anxiety and trauma-related behaviours in vulnerable patients.
- 3) Apply effective communication techniques to enhance trust and patient cooperation.
- 4) Modify clinical workflows to create a more comfortable and supportive treatment experience.

Development outcomes: A, B, D.

**13:30-14:30 ATRIUM 3**

# Accounting and Taxation: hot topics for dentists

Roy Hogg, Scott McInnes and Samantha Nicholson, Johnston Carmichael.

The aim of this session is to consider the potential benefits of financial digitisation of your practice. We'll discuss points of interaction with HM Revenue & Customs and provide delegates with a comprehensive understanding of topical accounting and taxation matters impacting the dental sector.

## Objectives

By the end of this session, participants will have been:

- 1) Provided with an overview of all topical accounting matters impacting the dental sector.

## Learning outcomes

By the end of this session, participants should have a better understanding of:

- 1) How digitisation can positively impact their practice.
- 2) Making Tax Digital (HM Revenue & Customs).
- 3) How topical accounting matters will impact their business affairs.

Development outcomes: B.

**15.00-16.00 ATRIUM 1**

# Ridge Preservation and the Revolution in Dental Extractions

Colin Campbell, Specialist in Oral Surgery, The Campbell Academy

To provide an interesting and engaging lecture on the principle of ridge preservation and atraumatic extraction techniques for General Dental Practitioners and their teams.

## Objectives

By the end of this session, participants will have been:

- 1) An insight into the principle of alveolar ridge preservation.
- 2) Detail on modern techniques and instruments for atraumatic extraction prior to ridge preservation.
- 3) An understanding of how to discuss ridge preservation with patients.
- 4) An understanding of the commercial elements of ridge preservation as they relate to General Dental Practice.

## Learning outcomes

By the end of this session, participants should be able to:

- 1) A basic understanding of the principle of alveolar ridge preservation for General Dental Practice.
- 2) An understanding of the materials to use and ideal situations for ridge preservation.
- 3) A description of instrumentation and techniques in relation to alveolar ridge preservation.
- 4) A wider understanding of the procedure in a commercial dental practice environment.

Development outcomes: A, B, C and D.

15:00-16:00 ATRIUM 2

# Respect Begins Here: transforming dental workplaces

Preetee Hylton, British Association of Dental Nurses.

The aim of this session is to raise awareness of bullying and sexual harassment within the dental setting, equipping participants with the knowledge and skills to address and prevent these issues, creating a safe, respectful, and ethical working environment in line with professional standards.

## Objectives

By the end of this session, participants will have been:

- 1) Introduced to the various types of bullying and sexual harassment that can occur in the dental setting.
- 2) Given an understanding of the legal obligations and professional standards related to bullying and sexual harassment.
- 3) Provided with tools to respond effectively to incidents of bullying and harassment in the workplace.
- 4) Equipped with strategies for supporting victims of bullying and harassment.
- 5) Given guidance on implementing preventive measures and fostering a respectful, inclusive workplace culture.

## Learning outcomes

By the end of this session, participants should be able to:

- 1) Identify different forms of bullying and sexual harassment in the dental workplace.
- 2) Understand the legal and ethical frameworks surrounding bullying and harassment.
- 3) Apply appropriate actions and procedures for reporting and responding to bullying and harassment.
- 4) Demonstrate the ability to support victims of bullying and harassment within the practice.
- 5) Implement preventative strategies to create a respectful and inclusive dental practice.

Development outcomes: B, D.

15:00-16:00 ATRIUM 3

# Ergonomics in Dentistry

Allan Wright, A-dec UK.

The aim of this workshop is to empower dental professionals to enhance their health, safety, and patient care through practical ergonomics. Participants will master techniques for posture, equipment, and patient positioning, explore A-dec UK's solutions, and learn injury prevention strategies such as taking breaks and workstation setup. The goal is to cultivate a team-wide ergonomic culture and provide actionable tools for immediate and long-term improvements in the dental practice.

## Objectives

By the end of this session, participants will have been:

- 1) Supported in understanding the importance of ergonomics.
- 2) Outlined common risks and injuries.
- 3) Taught practical ergonomic techniques.
- 4) Provided with details of ergonomic tools and products.

## Learning outcomes

By the end of this session, participants should be able to:

- 1) Improve posture and body mechanics.
- 2) Use injury prevention strategies.
- 3) Enhance their workspace setup.
- 4) Have an increased awareness of ergonomic tools and equipment.

Development outcomes: C.

**16:30-17:30 ATRIUM 1**

# An Introduction to Ethical Sales and Communication

Ashley Latter, Ashley Latter Dental Sales Training

The aim of this session is to learn how to sell without selling. In a consultation with a patient, 85% of a dentist's success is down to their communication skills. Most dentists spend most of their time developing their product knowledge. This presentation will focus on the communications skills that will make you successful. With all the uncertainty in the NHS and increased competition, there has never been a more important time to develop these crucial skills.

## Objectives

By the end of this session, participants will have been:

- 1) Outlined the communication mistakes made by dentists every day.
- 2) Shown the importance of good communication skills and the significance of attitudinal traits.
- 3) Introduced to the eight proven steps of the 'Ethical Sales Approach', so that more patients say yes to your private treatment plans.

## Learning outcomes

By the end of this session, participants should be able to:

- 1) Build a good rapport with patients.
- 2) Ask questions to uncover new opportunities.
- 3) Listen to patients effectively and communicate more concisely and effectively.

Development outcomes: A, B, C, D

**16:30-17:30 ATRIUM 2**

# Expanding Your Clinical Skills: aesthetic injectables for dentists

Dr Simon Ravichandran and Dr Emma Ravichandran, IVY Aesthetic Training Academy

The aim of this session is to introduce dentists to the world of aesthetic injectables, demonstrating how their existing skills make them ideally suited for cosmetic treatments. Attendees will gain an understanding of the opportunities in aesthetic medicine and witness a live demonstration of key techniques in botulinum toxin or dermal filler treatments.

## Objectives

By the end of this session, participants will have been:

- 1) Informed about the synergy between dentistry and aesthetic medical procedures.
- 2) Provided an overview of the science and principles behind botulinum toxins and dermal fillers.
- 3) Given a demonstration of a safe and effective aesthetic injection technique.

## Learning outcomes

By the end of this session, participants should be able to:

- 1) Understand the role of dentists in aesthetic medicine.
- 2) Describe the basic principles of botulinum toxins and dermal fillers.
- 3) Recognise key considerations for safe and effective injection procedures.
- 4) Identify how aesthetic procedures can enhance patient care.

Development outcomes: B, C.

**VARIOUS TIMES, NSK WORKSHOP AREA STAND C07**

# Piezo tip selection, air-polishing and powders

Siobhan Kelleher and Lauren Long

For NSK's sessions on 'Piezo tip selection, air-polishing and powders' see <https://sdshow.co.uk/?s=nsk>

**VARIOUS TIMES, NSK WORKSHOP AREA STAND C07**

# Introduction to Implant Instrumentation

Jenny Walker, Siobhan Kelleher and Lauren Long

For NSK's sessions on 'Introduction to implant instrumentation' see [www.sdshow.co.uk](http://www.sdshow.co.uk)

**VARIOUS TIMES, STAND D01**

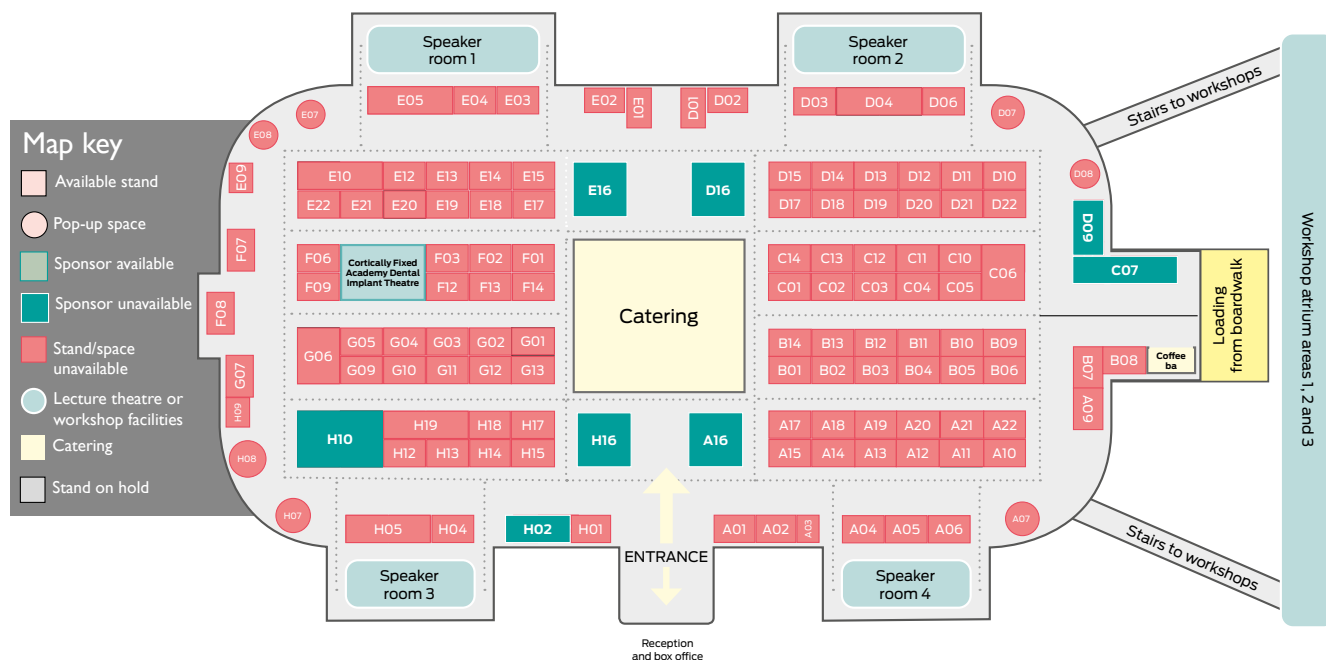
# BSDHT Live Whitening sessions

Speaker: BlancOne

For more information about BSDHT's 'Live Whitening' sessions see [www.bsdht.org.uk](http://www.bsdht.org.uk)



# Trade show exhibitors



## A

- A01** Denplan, part of Simplyhealth
- A02** Harper Macleod LLP
- A03** Imaging Technologies
- A04** Crown Dental Recruitment
- A05** Dentally
- A06** MyErgo
- A07** British Association of Dental Nurses (BADN)
- A09** W.A. Instruments LTD
- A10** Quality Endodontic Distribution (QED)
- A11** Your Dental Recruitment
- A12** Henry Schein
- A13** Software of Excellence
- A14** Microminder
- A15** Armstrong Watson LLP
- A16** Real Good Dental (Show sponsor)
- A17** IWT Dental + Services
- A18** Systems for Dentists
- A19** Straumann UK
- A20** One Call Dental
- A21** Follow App Care
- A22** Eschmann

## B

- B01** MDDUS Solutions
- B02** Scottish Centre for Excellence in Dentistry
- B03** Independent Care Plan
- B04** Community Trade Union
- B05** Our Crown
- B06** Oralive
- B07** Durr Dental
- B08** Our Dentist
- B09** Succession Wealth
- B10** Whitebox Dental
- B11** Orasoptic
- B12** Mesa Italia S.R.L
- B13** Performance Finance Ltd
- B14** Dains Accountants

## C

- C01** Braemar Finance
- C02** General Dental Council (GDC)
- C03** Identalonline Supplies Ltd
- C04** CTS Dental Supplies Ltd
- C05** Bien Air
- C06** Belmont
- C07** NSK UK Ltd (Show sponsor)
- C10** Dental Scotland
- C11** Lenox Instruments
- C12** The Campbell Academy
- C13** Bryant Dental
- C14** Dental Elite

## D

- D01** British Society of Dental Hygiene & Therapy (BSDHT)
- D02** IDS SPA BlancOne
- D03** Scottish Dental Care
- D04** Advanced Dental Equipment
- D06** Ivy Aesthetic Training Academy
- D07** Dentaaid, the Dental Charity
- D08** Triglene
- D09** NSK UK Ltd (Show sponsor)
- D10** University of Central Lancashire
- D11** Abano Healthcare
- D12** Dereck Lang Shopfitting Ltd
- D13** Evo Dental
- D14** Solventum
- D15** Septodont
- D16** Kalyani Dental Lounge (Show sponsor)
- D17** VOCO GmbH
- D18** Nobel Biocare
- D19** Center for Implant Dentistry
- D20** Bespoke Dental Laboratories
- D21** Hello Fresh
- D22** Triglene

## E

- E01** The Canmore Trust
- E02** Coltene
- E03** Rangewell Dental Finance
- E04** The DDU
- E05** DD Group
- E07** Smileawi
- E08** Alltton
- E09** Add Vision Digital Signage Solutions
- E10** Clark Dental Equipment
- E12** Admetec UK Ltd
- E13** Society of British Dental Nurses (SBDN)
- E14** Dermapenworld
- E15** ZimVie
- E16** Barclays Bank PLC (Show sponsor)
- E17** TePe Oral Hygiene Products
- E18** EQ Accountants
- E19** Oral Surgery Scotland
- E20** UK Loupes
- E21** Costco Wholesale
- E22** Dental Protection

## F

- F01** Thorntons LLP
- F02** Wesleyan
- F03** Practice Plan
- F06** Unity Trust Bank
- F07** Trycare
- F08** Oral-B
- F09** Portman Dentex
- F12** Chase de Vere – Dental
- F13** GC Dental
- F14** 3Shape

## G

- G01** Patient Plan Direct
- G02** MEMORYALIGNER
- G03** Clinical Direct
- G04** Vendo Digital
- G05** Fusion Radiology Ltd
- G06** Roott Implants
- G07** PS First For Recruitment
- G09** Royal Air Force
- G10** Identiti UK
- G11** Dental Decontamination Ltd
- G12** Johnston Carmichael
- G13** Christie & Co

## H

- H01** Carestream Dental
- H02** Scrubs UK (Show sponsor)
- H04** Advanced Dentistry & Clinical Skills Centre
- H05** JDN Technical
- H07** Bridge 2 Aid
- H08** Safe Aid Training
- H09** SDI Dental Innovations Ltd
- H10** A-Dec UK (Show sponsor)
- H12** Bredent UK
- H13** Medical & Dental Financial Planners
- H14** Acteon Group
- H15** EMS Dental
- H16** Wrights, The Dental Supply Company (Show Sponsor)
- H17** OPTIM Interdentals by Stoddard
- H18** Haleon
- H19** Dentsply Sirona

For more information or to book a stand, call Ann Craib on 0141 560 3021 or email [ann@sdshow.co.uk](mailto:ann@sdshow.co.uk)

# Saturday, 21 June

## Lectures

09:00-10:00 SPEAKER ROOM 2

# Infection Control and Decontamination

Coral Connelly, NHS Education for Scotland

The aim of this session is to direct participants towards the latest guidance on infection control and decontamination, to enable them to apply this in the practice setting.

## Objectives

By the end of this session, participants will have been:

- 1) Updated on the current guidance.
- 2) Guided on applying the current guidance in a practice setting.
- 3) Directed towards the latest guidance on infection control and decontamination.

## Learning outcomes

By the end of this session, participants should be able to:

- 1) Identify reasons why infection control is important in dental practice.
- 2) Discuss the difficulties in the application of standard infection control precautions and identify methods to address these.
- 3) Explain the recent changes in decontamination and infection control.

Development outcomes: B, C, D.

09:00-10:00 SPEAKER ROOM 3

# Assessment of the Acutely Unwell Patient: interactive ABCDE

Tamora Shemwood and Clare Sobal, School of Dentistry, University of Leeds

The aim of this session is to provide GDC registrants with the opportunity to explore and interact with ABCDE data used in the assessment of the acutely unwell patient.

## Objectives

By the end of this session, participants will have been:

- 1) Introduced to the core concepts of ABCDE assessment practice.
- 2) Provided with the opportunity to explore ABCDE elements and sub-elements with a dental context.
- 3) Provided with the opportunity to draw conclusions from ABCDE data to inform management actions.

## Learning outcomes

By the end of this session, participants should be able to:

- 1) Recall the core principles of the ABCDE assessment used in the assessment of the acutely unwell patient.
- 2) Recall the ABCDE elements and sub-elements.
- 3) Begin to interpret ABCDE data for the purpose of building a working impression.
- 4) Begin to interpret ABCDE data for the purpose of identifying clinical and condition-specific pause points for treatment.

Development outcomes: A, C.

10:30-11:30 SPEAKER ROOM 1

# Beyond the Surface: understanding menopause and oral health

Adele Johnston, Adele Johnston Coaching

The aim of this session is to provide dental professionals with a comprehensive understanding of the link between menopause, hormonal changes and oral health. Attendees will explore practical, evidence-based approaches for managing oral health in menopausal patients, including treatment adaptations. The session will foster critical reflection on current clinical practices and encourage the integration of holistic care to improve patient outcomes. Through the development of menopause and women's health knowledge participants will learn how to discuss sensitive topics like menopause with empathy and clarity, promoting patient-centred care. Additionally, the importance of interdisciplinary collaboration will be highlighted, underscoring the evolving need for specialised knowledge in menopause care as part of a multidisciplinary approach to women's health.

## Objectives

By the end of this session, participants will have been:

- 1) Given a deeper understanding of how menopause and hormonal changes affect oral health, with a focus on the implications for dental treatment planning.
- 2) Equipped with evidence-based treatment approaches: practical, evidence-based strategies for adapting dental treatments to better manage the oral health needs of menopausal patients.
- 3) Encouraged to adopt reflective practice, promoting critical reflection on current clinical practices and encouraging the incorporation of holistic care approaches to enhance patient care and outcomes.
- 4) Provided with enhanced communication skills, improving participants' ability to communicate effectively and empathetically with menopausal patients, ensuring sensitive and patient-centred conversations about menopause.
- 5) Encouraged to foster interdisciplinary collaboration, highlighting the evolving need for specialist knowledge for a multidisciplinary approach to women's health.

## Learning outcomes

By the end of this session, participants should be able to:

- 1) Better understand the link between menopause, hormonal changes and oral health.
- 2) Adopt evidence-based treatment approaches.
- 3) Use reflective practice.
- 4) Communicate effectively and empathetically with menopausal patients.

Development outcomes: A, B, C, D.

10:30-11:30 SPEAKER ROOM 4

# Paediatric Dentistry Update: the jigsaw of care

Professor Marie Therese Hosey, King's College Dental Institute

The aim of this session is to give an update on modern approaches to cariology and behaviour management in children.

## Objectives

By the end of this session, participants will have been:

- 1) Provided with an update on modern approaches to cariology and behaviour management in children.

## Learning outcomes

By the end of this session, participants should be able to:

- 1) Have insight into how some simple psychological interventions could be used to facilitate care.
- 2) Understand new evidence underpinning how the whole team could support preventive care.
- 3) Learn some simple and cost-effective tips on child management.

Development outcomes: A, B, C.

10:45-11:45 SPEAKER ROOM 2

# Restoration of the Posterior Dentition

Dr Shalini Kanagasingam, Dr Flavio Pisani, Dr Tomasz Janicki and Professor Kathryn Taylor, University of Central Lancashire

The aim of this session is to cover the factors which impact restorability assessment and strategies to manage compromised posterior teeth.

## Objectives

By the end of this session, participants will have been:

- 1) Introduced to a systematic protocol and multi-disciplinary approach for assessing restorability.
- 2) Provided with evidence-base for clinical procedures which can be utilised to save posterior teeth with limited tooth structure.
- 3) Familiarised with factors which can affect prognosis of compromised posterior teeth.

## Learning outcomes

By the end of this session, participants should be able to:

- 1) Recognise the factors which should be considered when assessing restorability of posterior teeth including prosthodontic, periodontal, endodontic and general patient considerations.
- 2) Discuss the various clinical strategies which can be utilised for restoring posterior teeth with limited tooth structure including post placement, crown lengthening, deep marginal elevation and root resection.
- 3) Review the evidence-base for the clinical outcomes of compromised posterior teeth.

Development outcomes: A, C.

10:45-11:45 SPEAKER ROOM 3

# Sowing the Seeds for Growth

Ashley Latter, Ashley Latter Dental Sales Training

Discover the secret strategies that the most successful dental practices implement. The aim of this session is to provide delegates with proven strategies that can be implemented, and which will help grow sales and the profits within your dental practice.

## Objectives

By the end of this session, participants will have been:

- 1) Provided with interaction and motivation.
- 2) Introduced to proven relevant strategies.
- 3) Guided on how to grow sales and profits.

## Learning Outcomes

At the end of this session, participants should be able to:

- 1) Significantly increase the cosmetic treatments they deliver to their existing patients.
- 2) Increase their fees and increase their profits by as much as 28%.
- 3) Understand the importance of keeping in touch with patients.
- 4) Turn your reception into a highly profitable centre.
- 5) Stand out from any other dental practice in their town or city.
- 6) Create a world-class patient journey.

Development outcomes: A, B.



12:15-13:15 SPEAKER ROOM 2

# Mouth cancer: keeping patients alive 2025

Professor Mike Lewis, Cardiff University

The aim of this session is to provide all members of the dental team with a contemporary understanding of mouth cancer and the importance of early detection.

## Objectives

By the end of this session, participants will have been:

- 1) Introduced to the clinical presentation and recording of mucosal abnormalities.
- 2) Made aware of potentially malignant mucosal disorders.
- 3) Provided with a review of risk factors.
- 4) Guided on the appropriate use of the Urgent Suspected Cancer referral pathway.

## Learning outcomes

By the end of this session, participants should be able to:

- 1) Display knowledge that enhances their ability to detect mouth cancer.
- 2) Have an understanding of the appropriate use of the Urgent Suspected Cancer referral pathway.

Learning outcomes C, D.

12:15-13:15 SPEAKER ROOM 3

# **“Please can you help me? I can’t go on.” The reality of a suicidal crisis.**

Professor John Gibson, The Canmore Trust

The aim of this session is to provide all members of the dental team with the knowledge and understanding to deal with a suicidal crisis in a patient or colleague – and maybe even themselves.

## **Objectives**

By the end of this session, participants will have been:

- 1) Introduced to the factors influencing suicidal behaviour in the UK population.
- 2) Made aware of the importance of suicide safety planning as part of mental health and wellbeing.
- 3) Made aware of the appropriate actions when confronted with suicidal ideation.
- 4) Challenged to review their own mental wellbeing.

## **Learning outcomes**

By the end of this session, participants should be able to:

- 1) Understand the factors influencing suicidal behaviour in the UK population, with specific reference to clinical professions.
- 2) Construct and implement a Suicide Safety Plan for themselves, colleague, friend, family member or patient.
- 3) Take appropriate action when confronted with suicidal behaviour.
- 4) Adopt a positive approach to mental health and wellbeing within the clinical working environment.

Learning outcomes: A, B, C.

12:30-13:30 SPEAKER ROOM 1

# Dental Radiology: radiation protection update

Andrew Hince, NHS Highland

The aim of this session is to give practical tips on having an effective radiation protection system. It will include an update on the legislation and methods to improve radiographic image quality and reducing dose.

## Objectives

By the end of this session, participants will have been:

- 1) Provided with a refresher on key radiation protection requirements for dental radiology covering staff, public and patient safety.
- 2) Provided with an update on recent changes in the IRMER legislation and published guidance.
- 3) Provided with examples of practical compliance and good practice.
- 4) Provided with optimisation tips for ensuring adequate radiographic image quality at the lowest radiation dose to patients.
- 5) Introduced to hot topics including risk, benefit, audit, incidents, radon awareness, recent developments in radiology e.g. AI.

## Learning outcomes

By the end of this session, participants should:

- 1) Be aware of radiation legislation requirements including recent changes.
- 2) Have improved knowledge of good radiation protection practice; understanding on how to comply with the legislation.
- 3) Be aware of doses and risks from different types of exposure and know how to explain these.
- 4) Be able to discuss practical ways to optimise radiographic images.

Development outcomes: A, C.

12:30-13:30 SPEAKER ROOM 4

# Implants 101: Everything the General Dentist should know about implants.

Dr Tariq Ali, The Centre for Implant Dentistry

The aim of this session is to provide a base of knowledge about implant dentistry that can be applied to daily general practice. This session is designed for general dentists, nurses and team members.

## Objectives

By the end of this session, participants will have been:

- 1) Provided with a background to implant dentistry.
- 2) Introduced to implants as a valid treatment option.
- 3) Introduced to the various implant concepts that are used today to treat patients.
- 4) Demonstrated the benefits that implants have for patients and clinicians alike.
- 5) Provided with information on maintenance of implant patients in general practice.

## Learning outcomes

By the end of this session, participants should be able to:

- 1) Discuss and provide up to date information to patients about dental implants.
- 2) Provide sound treatment planning in relation to the edentulous site.
- 3) Understand how to manage implant patients in practice.

Learning outcomes: A, B, C, D.

13:45-14:45 SPEAKER ROOM 2

# Safeguarding and child protection for dental teams

Dr Christine Park, University of Glasgow

The aim of this session is to introduce participants to child safeguarding in dentistry so they are aware of their roles and responsibilities and know what to do should they have concerns about the welfare of children. The session is designed for all members of the dental team, whether working in NHS or private practice.

## Objectives

By the end of this session, participants will have been:

- 1) Introduced to their roles and responsibilities with regard to the safeguarding of children.
- 2) Provided with examples of the signs and symptoms of child abuse and neglect.
- 3) Introduced to the evidence regarding the oral health of vulnerable children.
- 4) Provided with an explanation and examples of what to do when you have concerns about the welfare of a paediatric patient.

## Learning outcomes

By the end of this session, participants should be able to:

- 1) Recognise signs of abuse and neglect.
- 2) Understand the GDC requirements re safeguarding.
- 3) Describe appropriate referral pathways for further advice.

Development outcomes: A, D.

13:45-14:45 SPEAKER ROOM 3

# Periodontology for the Whole Dental Team

Dr Marilou Ciantar, Real Good Dental

Provide an interactive session which will address queries and concerns posed by attendees, dispel periodontal myths and provide practical solutions for effective clinical periodontology.

## Objectives

By the end of this session, participants will have been:

- 1) Given the possibility to ask questions directly to a specialist periodontist.
- 2) Challenged to question and understand why some patients do not respond to periodontal treatment.
- 3) Encouraged to question their way of treating patients.
- 4) Given a clearer perception as to effective and practical clinical periodontology.

## Learning outcomes

By the end of this session, participants should be able to:

- 1) Have a better understanding of the various periodontal and peri-implant conditions and diseases.
- 2) Diagnose and classify periodontal and peri-implant diseases and conditions.
- 3) Understand the factors influencing effective daily clinical periodontal and peri-implant treatment, leading to better patient care and reducing the risk of medico-legal implications.
- 4) Implement more effective periodontal and peri-implant treatment modalities.

Development outcomes: C, D.

**14:00-15:00 SPEAKER ROOM 1**

# **Alright on the Bite: occlusal splints for TMD, bruxists, clenchers, tooth wear and for snorers and sleep apnoea.**

Professor Brian Millar, King's College London.

The aim of this session is to teach the important features of occlusion and understand when and how to use occlusal splints.

## **Objectives**

By the end of this session, participants will have been described:

- 1) Described the key features of occlusion and what to aim for when restoring teeth and using splints.
- 2) Which splint to use for various situations including TMD, bruxism, sleep apnoea and tooth wear.
- 3) Which clinical records to take for each splint.
- 4) How to fit, adjust and monitor splint therapies.

## **Learning outcomes**

By the end of this session, participants should be able to:

- 1) Select and use a splint for a range of clinical situations including clenching, bruxism, different levels of TMD, sleep apnoea.
- 2) Successfully use occlusal splints.
- 3) Fit, adjust and monitor splints.
- 4) Treat TMD and tooth wear more effectively and manage bruxists and clenchers.

Development outcomes: C.

14:00-15:00 SPEAKER ROOM 4

# Safeguarding vulnerable adults

Nick Beacher, University of Glasgow.

The aim of this session is to update participants' knowledge on working with vulnerable adults and adults who lack the capacity to consent in relation to health, social and personal care needs.

## Objectives

By the end of this session, participants will have been:

- 1) Introduced to the definition of an 'adult at risk' and 'harm'.
- 2) Provided with a recent historical perspective of safeguarding vulnerable adults.
- 3) Introduced to key legislation in Scotland to protect vulnerable adults.
- 4) Described the practical role of the dental team in the safeguarding of vulnerable adults.

## Learning outcomes

By the end of this session, participants should be able to:

- 1) Define the terms 'adult at risk' and 'harm'.
- 2) Conduct their professional duty in relation to vulnerable adults.
- 3) Understand the relevant legislation and rights of adults at risk, and the special circumstances which might impact upon these rights.
- 4) Demonstrate that social inequalities and discrimination may heighten the risk of harm.

Development outcomes: A, C, D.



# Saturday 21 June Workshops

09:00-10:00 ATRIUM 1

# The Wealth Check-Up

Kenny McKay, Succession Wealth.

The aim of this session is to equip dental practitioners with clear financial strategies that go beyond theory. Attendees will leave with clear steps to grow, protect and optimise their financial wellbeing and manage the unique challenges that dentists face.

## Objectives

By the end of this session, participants will have been:

- 1) Outlined the key financial challenges facing dentists. Will be able to identify the biggest financial risks and opportunities, including tax changes, rising costs, and retirement planning.
- 2) Supported in how to build and protect wealth efficiently. Discover tax-efficient investment strategies, pension planning options, and ways to maximise financial growth.
- 3) Guided on how to navigate business ownership, exit, and succession planning. Participants will also gain insights into selling or transitioning a dental practice while minimising tax liabilities and maximising value.
- 4) Guided on how to ensure financial stability amid rising costs and economic uncertainty. Delegates will learn how to safeguard personal wealth against inflation, rising interest rates, and changes in taxation, ensuring long-term financial security for dentists and their families.
- 5) Equipped with actionable steps to improve financial security, providing dentists with clear, practical takeaways they can implement immediately to strengthen their financial future.

## Learning outcomes

By the end of this session, participants should be able to:

- 1) Implement tax efficient wealth strategies.
- 2) Make informed investment and pension decisions.
- 3) Plan for financial security beyond dentistry.
- 4) Take immediate action to improve financial wellbeing.

Development outcomes: B, D.

**09:00-10:00 ATRIUM 2**

# Assessment of orthodontic treatment outcomes with the PAR Index

James Green, Great Ormond Street Hospital for Children.

The aim of this session is to introduce delegates to the Peer Assessment Rating (PAR) Index, a widely recognised method of measuring orthodontic treatment outcomes.

## Objectives

By the end of this session, participants will have been:

- 1) Given the background to the development of the PAR Index.
- 2) Introduced to the components of the PAR Index.
- 3) Shown how PAR scores are performed and recorded.
- 4) Provided with methods to interpret the results of PAR scores.

## Learning outcomes

By the end of this session, participants should be able to:

- 1) Describe the basic principles of the PAR Index.
- 2) Demonstrate how PAR scores are recorded and calculated.
- 3) Explain the methods of interpreting the results of PAR scores.
- 4) Recognise that it is best practice to pass a calibration test before providing PAR Index assessments.

Learning outcomes: C, D.

**VARIOUS TIMES, NSK WORKSHOP AREA (C07)**



# Introduction to Implant Instrumentation

Jenny Walker, Lauren Long, Siobhan Kelleher

To enhance the knowledge of the different modes of instrumentation available when treating patients with dental implants.

## Objectives

By the end of this session, participants will have been:

- 1) Shown how to recognise the significance of peri-implant classification.
- 2) Outlined the different modes of instrumentation when treating dental implants.
- 3) Highlighted the current guidelines regarding implant instrumentation.

## Learning outcomes

By the end of this session, participants should be able to:

- 1) Recognise peri-implant health and identify disease.
- 2) Define the criteria involved in instrument selection when treating patients with dental implants.
- 3) Utilise the most up-to-date guidelines for instrument selection.

Development outcome: C.

## Session times

This NSK Ikigai workshop is available at the following times:

10:00-10:50 and 12:00-12:50.

Please note: this session is extremely limited capacity. Visit the NSK Ikigai team on stand C07 or D09 to find out about availability.

**VARIOUS TIMES, NSK WORKSHOP AREA (C07)**

# Piezo tip selection, air-polishing and powders

Lauren Long, Siobhan Kelleher

The aim of this session is to broaden the dental health professional's understanding of the practical use of debridement equipment.

## Objectives

By the end of this session, participants will have been:

- 1) Shown the differences between magnetostrictive and piezoelectric ultrasonic scalers.
- 2) Provided with a demonstration of effective piezo tip techniques.
- 3) Made aware of the available air polishing powders and their uses.
- 4) Introduced to the techniques, recommendations, precautions and contraindications for air polishing.

## Learning outcomes

By the end of this session, participants should:

- 1) Be able to demonstrate effective piezo tip techniques.
- 2) Have gained awareness of the efficiency of air-polishing systems.
- 3) Be familiar with the evidence around air-polishing.
- 4) Be familiar with different air polishing powders.

Development outcome: C.

## Session times

This NSK Ikigai workshop is available at the following times:

11:00-11:50 and 13:00-14:50.

Please note: this session is extremely limited capacity. Visit the NSK Ikigai team on stand C07 or D09 to find out about availability.

**10:30-11:30 ATRIUM 1**

# Master the juggle of your personal and professional lives

Morna Beattie and Carly Millan Page, Wesleyan Financial Services

The aim of this session is to provide dentists with a strategic framework to manage the multiple demands they face daily, both professionally and personally. Through a hands-on and engaging exercise, participants will explore the benefits of effective delegation and strategic planning, and how professional support can help lighten the burden and improve overall efficiency and wellbeing.

## Objectives

By the end of this session, participants will have been:

- 1) Shown a creative demonstration of the multiple professional and personal responsibilities dentists face, highlighting the complexity of managing these demands simultaneously.
- 2) Introduced to the range of support services available through Wesleyan Financial Services and its B2B partners, illustrating how strategic delegation can reduce workload and enhance focus on core clinical and business priorities.
- 3) Encouraged to reflect on how they can implement a more balanced approach to managing their practice and personal life, allowing for increased profitability and improved work-life balance.

## Learning outcomes

By the end of this session, participants should be able to:

- 1) Develop a strategic approach to balancing professional and personal responsibilities, identifying key areas where delegation and support can improve efficiency and wellbeing.
- 2) Recognise the value of professional advice and support in enhancing profitability and work-life balance.
- 3) Understand how outsourcing non-clinical tasks and engaging with specialist support can enable dentists to focus more effectively on patient care and business growth.

Development outcomes: B

**10:30-11:30 ATRIUM 2**

# Eco Friendly Solutions in Infection Control

Tracy Doole, Marlborough Clinic, Belfast, and Shelly Smith, Dürr Dental

The aim of this workshop is to discuss current research on the impact of dentistry in relation to climate change, educate the dental team on the four principles of a sustainable healthcare system, give an overview on sustainable quality improvement. Discuss how the dental team can strive towards these goals and investigate how we may implement them into our daily practice in primary dental care settings.

## Objectives

By the end of this session, participants will have been:

- 1) Encouraged to heighten awareness of the dental team knowledge and understanding of the impact of dentistry in relation to climate change and identify the principles of sustainable healthcare.
- 2) Provided with an overview on sustainable infection control policy.
- 3) Given a demonstration and overview on sustainable infection control products and procedures and how the dental team can implement this into their daily practice.

## Learning outcomes

By the end of this session, participants should be able to:

- 1) Have a better understanding of the impact dentistry has on the climate.
- 2) Understand principles of sustainability in healthcare.
- 3) Have an overview on sustainable quality improvement.
- 4) Understand the life cycle analysis of infection control products.
- 5) Identify sustainable products and procedures to help reduce their carbon footprint.

Development outcomes: B, C, D.

**10:30-11:30 ATRIUM 3**

# Implants: want to earn more? Then refer and restore – hands on!

Dr Michael Tang, Kalyani Dental Lounge

The aim of this session is to enable participants to understand the benefits of restoring implants for their own patients and learn some practical skills so they can apply this knowledge in their own clinics. This is beneficial to their patients and is also financially rewarding.

## Objectives

By the end of this session, participants will have been:

- 1) Introduced to the referral portal.
- 2) Introduced principles of how to take impressions of an implant using models.
- 3) Provided with hands-on experience of taking implant impressions on models.

## Learning outcomes

By the end of this session, participants should be able to:

- 1) Use the referral portal efficiently.
- 2) Understand the benefits of referring your patients for surgery but restoring the implant at their own clinic.
- 3) Appreciate the advantages of referring patients to the Kalyani Dental Lounge.
- 4) Understand the financial benefits of the Refer and Restore Programme.

Development outcomes: C.



**12:00-13:00 ATRIUM 1**

# Clinical Skills for Medical Emergencies

Tamora Shemwood, Clare Sobal, Jo Donnison, Lucy Scholey, Karen Abbott, Amy Smith, School of Dentistry, University of Leeds

The aim of this session is to provide GDC registrants with the opportunity to review and refresh essential clinical skills necessary for the assessment and management of a medical emergency in the dental setting.

## Objectives

By the end of this session, participants will have been provided with hands-on experience of:

- 1) Taking pulse and respiratory rates.
- 2) Using a PEF meter.
- 3) Using an MDI and Spacer device.
- 4) Preparing and administering IM injections.

## Learning outcomes

By the end of this session, participants should be able to demonstrate:

- 1) The ability to palpate, record and report a range of heart rates and rhythms.
- 2) The ability to obtain, record and report a Peak Expiratory Flow Reading.
- 3) The use of an MDI and spacer device.
- 4) The preparation and IM administration of adrenaline for the treatment of anaphylaxis.

Development outcomes: A, C.

12:00-13:00 ATRIUM 2

# Respect Begins Here: transforming dental workplaces

Preetee Hylton, British Association of Dental Nurses

The aim of this session is to raise awareness of bullying and sexual harassment within the dental setting, equipping participants with the knowledge and skills to address and prevent these issues, creating a safe, respectful, and ethical working environment in line with professional standards.

## Objectives

By the end of this session, participants will have been:

- 1) Introduced to the various types of bullying and sexual harassment that can occur in the dental setting.
- 2) Given an understanding of the legal obligations and professional standards related to bullying and sexual harassment.
- 3) Provided with tools to respond effectively to incidents of bullying and harassment in the workplace.
- 4) Equipped with strategies for supporting victims of bullying and harassment.
- 5) Given guidance on implementing preventive measures and fostering a respectful, inclusive workplace culture.

## Learning outcomes

By the end of this session, participants should be able to:

- 1) Identify different forms of bullying and sexual harassment in the dental workplace.
- 2) Understand the legal and ethical frameworks surrounding bullying and harassment.
- 3) Apply appropriate actions and procedures for reporting and responding to bullying and harassment.
- 4) Demonstrate the ability to support victims of bullying and harassment within the practice.
- 5) Implement preventative strategies to create a respectful and inclusive dental practice.

Development outcomes: B, D.

**12:00-13:00 ATRIUM 3**

# Complaint Management: how to get it right!

Aubrey Craig, MDDUS.

The aim of this session is to provide delegates with knowledge on how to manage complaints successfully at a local level.

## Objectives

By the end of this session, participants will have been provided with:

- 1) Information on how to manage a complaint.
- 2) Examples of patient complaints and draft replies.
- 3) Information on how to prevent complaints.
- 4) Examples of what may happen if local resolution unsuccessful.

## Learning outcomes

By the end of this session, participants should be able to:

- 1) Understand the complaint management process.
- 2) Be familiar with the content of an ideal complaint response.
- 3) Know of how to prevent complaints.
- 4) Be aware of next steps if local resolution is unsuccessful.

Development outcomes: A, B, D.

**13:30-14:30 ATRIUM 1**

# An Introduction to Ethical Sales and Communication

Ashley Latter, Ashley Latter Dental Sales Training

The aim of this session is to learn how to sell without selling. In a consultation with a patient, 85% of a dentist's success is down to their communication skills. Most dentists spend most of their time developing their product knowledge. This presentation will focus on the communications skills that will make you successful. With all the uncertainty in the NHS and increased competition, there has never been a more important time to develop these crucial skills.

## Objectives

By the end of this session, participants will have been:

- 1) Outlined the communication mistakes made by dentists every day.
- 2) Shown the importance of good communication skills and the significance of attitudinal traits.
- 3) Introduced to the eight proven steps of the 'Ethical Sales Approach', so that more patients say yes to your private treatment plans.

## Learning outcomes

By the end of this session, participants should be able to:

- 1) Build good rapport with patients.
- 2) Ask questions to uncover new opportunities.
- 3) Listen to patients effectively and communicate more concisely and effectively.

Development outcomes: A, B, C, D

**13:30-14:30 ATRIUM 2**

# An Update on Dental Trauma

Dr Clement Seeballuck, University of Dundee Dental School

The aim of this session is to cover the immediate management of dental trauma in the dental practice and to highlight the importance of record-keeping and referral information.

## Objectives

By the end of this session, participants will have been guided on:

- 1) How to access contemporaneous guidelines for the management of traumatic dental injuries.
- 2) How to write comprehensive referrals for traumatic dental injuries.
- 3) The importance of immediate management of traumatic dental injuries with regards to long-term outcomes.
- 4) How to use or develop a dental trauma pro-forma for relevant data capture.

## Learning outcomes

By the end of this session, participants should be able to:

- 1) Understand the importance of relevant data capture with regards to trauma management.
- 2) Understand the immediate management of a number of common traumatic dental injury presentations.
- 3) Be aware of considerations regarding traumatic dental injuries in the developing dentition.
- 4) Know how to access contemporaneous guidance and resources available.

Development outcomes: A, C.

**13:30-14:30 ATRIUM 3**

# Ergonomics in Dentistry

Allan Wright, A-dec UK

The aim of this workshop is to empower dental professionals to enhance their health, safety, and patient care through practical ergonomics. Participants will master techniques for posture, equipment, and patient positioning, explore A-dec UK's solutions, and learn injury prevention strategies such as taking breaks and workstation setup. The goal is to cultivate a team-wide ergonomic culture and provide actionable tools for immediate and long-term improvements in the dental practice.

## Objectives

By the end of this session, participants will have been:

- 1) Supported in understanding the importance of ergonomics.
- 2) Informed about common risks and injuries.
- 3) Taught practical ergonomic techniques.
- 4) Provided with details of ergonomic tools and products.

## Learning outcomes

By the end of this session, participants should be able to:

- 1) Improve posture and body mechanics.
- 2) Use injury prevention strategies.
- 3) Enhance their workspace setup.
- 4) Have an increased awareness of ergonomic tools and equipment.

Development outcomes: C.

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